



SEND Parents' Event – Transitions

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Confident to Soar

Aims for today's event



To have an understanding of:

- why transitions can be difficult for children with SEND.
- how you can support your child through an upcoming transition.
- how we support transitions within school.

Why
transitions
can be
difficult



Transitions and SEND

- Learning difficulties.
- Social communication issues.
- Emotional Regulation difficulties.
- Sensory Needs



How can you help your child?

- Your oxygen mask first! Self care matters.
- Let them take the lead in open and honest communication.
- Reassure realistically.
- Empower your child by inspiring independent problem solving.
- Encourage your child to be organized and informed.

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**DON'T
PANIC**

Let them take the Lead

ACTIVE LISTENING TIPS FOR PARENTS

Give your
full attention

Show
empathy

Use
nonverbal
cues

Reflect back

Avoid
interrupting

Ask open-
ended
questions

Listen
without
judgment

Validate
their feelings

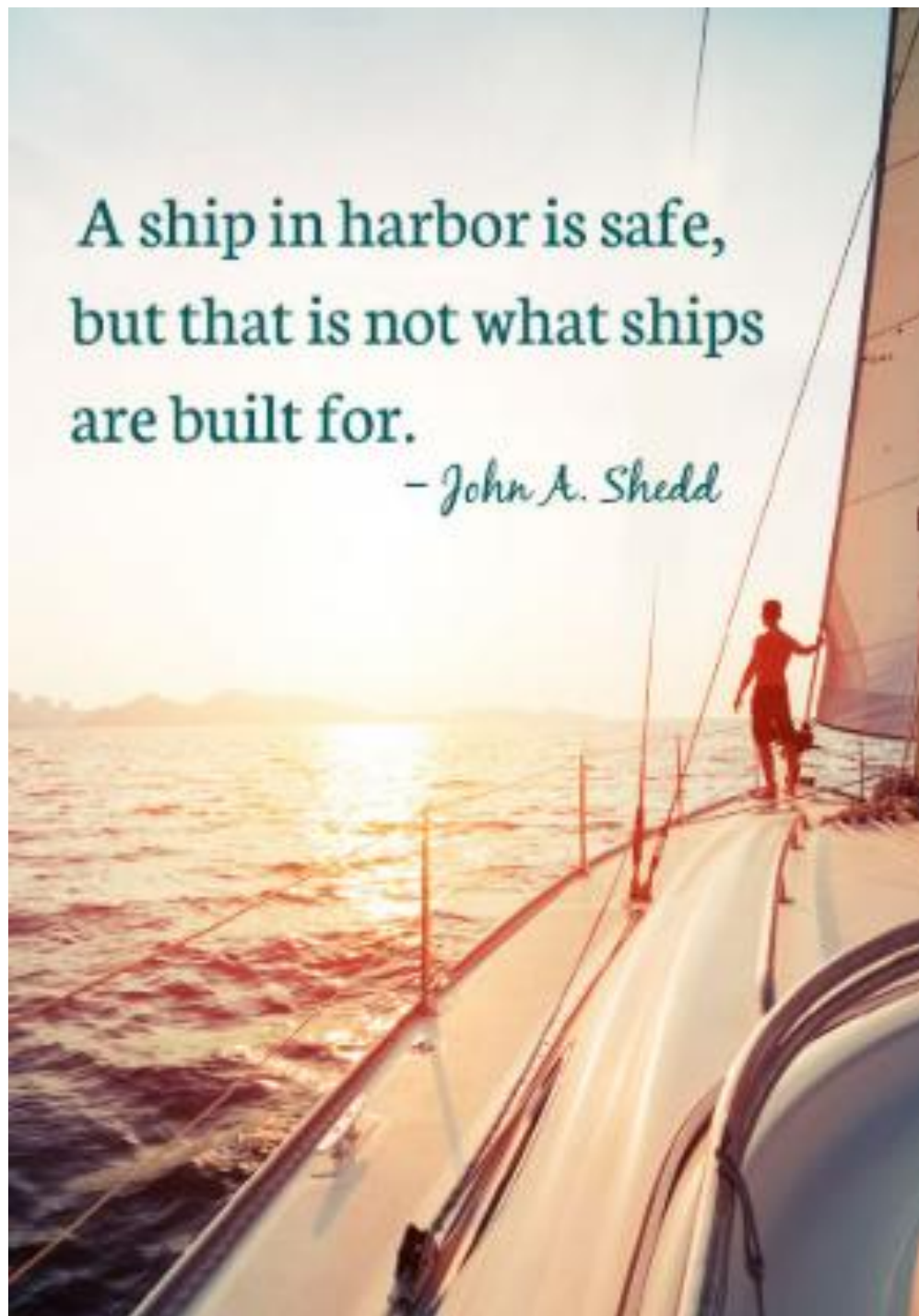
Be patient

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Realistic Reassurance

A ship in harbor is safe,
but that is not what ships
are built for.

– John A. Shedd



Empowering your child



- getting to and from school
- having the right books and equipment
- reading a timetable
- navigating their way to class
- keeping track of time
- getting changed before and after PE
- following instructions
- doing homework on time
- keeping hold of their belongings
- speaking to adults respectfully
- working with students they don't know
- managing emotions in different situations
- knowing when they are becoming overwhelmed
- dealing with unexpected change (e.g. supply teacher)
- knowing how to manage their sensory needs
- using sensory regulation strategies unprompted
- knowing what to do if they have forgotten something
- knowing what to do if lost

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What do we do at school

Transition work
in tutor groups.

Extra SEND
groups for
children

Extra visits.

Transition day
for children
with an EHCP.

Pastoral
Support.

Role play /
Social
scenarios.

Pictures of new
settings/year
groups.

SEND handover

Further Advice

- <https://www.youngminds.org.uk/professional/resources/supporting-school-transitions/>
- <https://www.snapcharity.org/wp-content/uploads/2024/07/MovingtoSecondarySchool2024.pdf>
- <https://localoffer.centralbedfordshire.gov.uk/kb5/centralbedfordshire/directory/advice.page?id=ebS87u-JjCQ>

