

Break

All our ingredients are locally sourced and delivered fresh by local suppliers.
Our eggs are free-range and Red Lion stamped, our fish is sustainably sourced and MSC approved and our meat is British Red Tractor accredited wherever possible.

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
VEGETARIAN	Loaded Nachos £1.70	Tomato & Basil Pasta pot £2.20	Sweet Potato Falafel & Houmous £2.75	Pesto & Spinach pasta Pot £2.20	Teriyaki Vegetable Noodles £2.20
HOT BREADS & SLICES	Margherita Pizza Ham & Tomato Pizza £2.10/£2.25	Pizza Melt Panini BBQ Chicken Panini £1.30	Sweetcorn & Tomato Pizza Mexican Chicken Pizza £2.10/£2.25	Pizza Melt Panini Ham & Tomato Panini £1.30	Margherita Pizza Chicken Tikka Pizza £2.10/£2.25
HOT SAVOURIES	Bacon & Egg Breakfast Muffin £1.70 Piri Piri Chicken & Salad Wrap £2.20	Sausage Roll £1.75 Chicken & Slaw Pitta Pocket £2.20	Ham & Cheese Toastie £1.30 Fork Friendly Chicken Kebab £2.20	Baked Potato Wedges £1.65 BBQ Chicken Salad Wrap £2.40	All Day Breakfast Pot £1.75 Sweet Chilli Glazed Mozzarella Sticks £1.75
BAKERY	Waffles £1.65	Blueberry Muffin £1.15	Baked Apple Flapjack £1.15	Pretzel £1.70	Giant Chocolate Straw £1.10
COLD DELI	SELECTION OF FRESHLY MADE SANDWICHES, CRUDITES, FRUIT AND DESSERT POTS				

