

## Catch It



Germs spread easily. Always carry tissues and use them to catch your cough or sneeze.

## Bin It



Germs can live for several hours on tissues. Dispose of your tissue as soon as possible.

## Kill It



Hands can transfer germs to every surface you touch. Clean your hands as soon as you can.

# CATCH IT



# BIN IT



# KILL IT



Don't sneeze into your hand –  
**USE YOUR ELBOW!**



# What do the Doctors Ouch say?

- <https://www.bbc.co.uk/newsround/51342366>



We all  
know  
how to  
wash our  
hands, **or**  
**do we?**

Click the link below



<https://www.bbc.co.uk/newsround/51698180>

# How to give a high five without making contact and properly wash hands on tic tok

- <https://www.bbc.co.uk/newsround/51792971>

Can you learn the dance? Stop video at the end of the dance

