



Subject: PE

Year 7

Overview

In year 7 links are made to prior learning including recapping and progressively building on previously learnt skills, knowledge and understanding. Confidence and challenge are built up over time with a focus on key areas including:

- Outwitting an opponent
- Developing physical and mental capacity
- Development and recreation of skills
- Problem solving, challenges and decision making
- Making informed choices about healthy, active lifestyles
- Evaluating and improving

Autumn

Autumn Term 1

- Football (Boys/girls) – The Value of PE – TEAM Alameda
- Netball (girls)
- Basketball (Boys)

Autumn Term 2

- Rugby (boys/girls)
- The Power of Positivity through Handball
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Assessment:

Teacher assessment made based on Know (knowledge and understanding) Show (physical ability), and Grow (attitudes to learning)

Spring

Spring Term

- Self-Reflection through Badminton
- Gaelic Football (boys) – Sisters n Sport (girls)
- Effective Teams through Sport Education

Assessment:

Teacher assessment made based on Know (knowledge and understanding) Show (physical ability), and Grow (attitudes to learning)

Summer

Summer Term 1

- Attitudes of a Leader through Athletics

Summer Term 2

- Communication through Cricket Rounders
- Softball
- Tennis

Assessment:

Teacher assessment made based on Know (knowledge and understanding) Show (physical ability), and Grow (attitudes to learning)